



itsu [sushi, noodles & rice'bowls] (UK)

Menu Prices — August 22, 2026

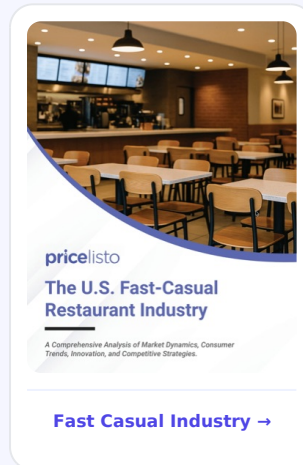
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ITEM	PRICE
hoisin duck bao'buns Petits pains bao cuits à la vapeur, renfermant un canard parfumé, nappé de sauce hoisin et accompagnés de légumes croqua...	£7.50
salmon full house omega-3 rich sashimi grade Atlantic salmon nigiri, salmon maki, & salmon baby rolls	£12.25
chicken teriyaki combo deal chicken teriyaki rice' bowl & 8 steamed chicken & spring onion gyoza with teriyaki sauce	£15.95
chicken and spring onion gyoza Raviolis vapeur garnis de poulet juteux et de ciboulette, un classique asiatique aux arômes délicats.	£7.50
itsu classics sashimi grade Atlantic salmon nigiri, large prawn sushi with kewpie & chives, California rolls, salmon & avocado maki, b...	£12.25

favourites

ITEM	PRICE
salmon full house (favourites) Nigiri de saumon de l'Atlantique, maki saumon et mini-rouleaux saumon, tous préparés avec du saumon de qualité sashimi r...	£12.25
chicken teriyaki rice' bowl [miso marinated] chicken, wholegrain brown rice, medley of different greens, veg & fresh herbs, teriyaki sauce	£9.25
chicken and spring onion gyoza (favourites) steamed Asian gyoza chicken & spring onion dumplings	£7.50
sushi festival omega-3 rich sashimi grade Atlantic salmon nigiri, baby avo rolls, salmon baby rolls	£9.25

meal deals

ITEM	PRICE
chicken teriyaki combo deal (meal deals) chicken teriyaki rice' bowl & 8 steamed chicken & spring onion gyoza with teriyaki sauce	£15.95

signature sharing platters

ITEM	PRICE
salmon'california platter Une sélection soignée offrant nigiri de saumon de l'Atlantique de qualité sashimi, des makis au saumon et à l'avocat, de...	£29.95
sushi'dragon platter omega-3 rich sashimi grade Atlantic salmon nigiri, salmon and avocado maki, veggie maki, crispy shallots, spicy & teriya...	£31.95
big veggie platter veggie maki, baby avo rolls, crispy shallots, edamame beans, spicy & teriyaki sauces, pickled ginger & 2 nagano valley m...	£29.95
prawn'salmon platter Morceaux de saumon de l'Atlantique de qualité sashimi débordant d'oméga-3, associés à de généreux sushis de crevettes ag...	£29.95
sushi and sashimi platter omega-3 rich sashimi grade Atlantic salmon nigiri & sashimi, large prawn sushi with kewpie & chives, baby avo rolls, sal...	£27.50
party platter Un plateau généreux composé de nigiri de saumon de l'Atlantique de qualité sashimi, de sushi aux crevettes couronnées de...	£49.95

sushi & salad

ITEM	PRICE
salmon full house (sushi & salad) omega-3 rich sashimi grade Atlantic salmon nigiri, salmon maki, & salmon baby rolls	£12.25
sushi festival (sushi & salad) omega-3 rich sashimi grade Atlantic salmon nigiri, baby avo rolls, salmon baby rolls	£9.25
veggie sushi collection veggie maki, baby avo rolls, carrot salad, fresh nutrient packed avocado, pickled ginger, crispy shallots, spicy & teriy...	£12.50
itsu classics (sushi & salad) sashimi grade Atlantic salmon nigiri, large prawn sushi with kewpie & chives, California rolls, salmon & avocado maki, b...	£12.25
health and happiness Fines tranches de saumon de l'Atlantique riches en oméga-3 sur nigiri de riz vinaigré, sushi de crevette agrémenté de ma...	£12.50
chicken teriyaki on a bed lean, chargrilled [British] chicken, seasoned sushi rice, medley of different greens, veg & fresh herbs, teriyaki sauce,...	£8.50
salmon teriyaki on a bed omega-3 rich poached salmon, seasoned sushi rice, protein packed muki beans, teriyaki sauce	£8.50
super salmon light Nigiri de saumon de l'Atlantique de qualité sashimi, enrichi en oméga-3, accompagné de maki au saumon et de petits roule...	£8.75

dragon rolls

ITEM	PRICE
salmon and avo dragon rolls omega-3 rich sashimi grade Atlantic salmon & avocado maki, crispy shallots, spicy & teriyaki sauces	£7.50
veggie dragon rolls Avocat onctueux, haricots verts croquants, carottes légèrement marinées, échalotes croustillantes, ciboulette, le tout a...	£7.25
spicy salmon dragon rolls omega-3 rich sashimi grade Atlantic salmon & avocado maki, chives, spicy & teriyaki sauces	£7.50

rolls, nigiri & sashimi

ITEM	PRICE
California rolls high protein California rolls with avocado maki & pickled ginger	£6.75
avo baby rolls vitamin c & e rich avocado rolled in vitamin b packed nori	£6.25
salmon sashimi omega-3 rich sashimi grade Atlantic salmon sashimi on magnesium packed wakame, protein packed muki beans & pickled ginge...	£8.00
salmon sushi Fines tranches de saumon de l'Atlantique, sashimi, déposées sur de délicates boulettes de riz. Accompagné de gingembre m...	£6.50
veggie maki nutrient packed avocado, green beans, lightly pickled carrot, chives, ginger	£5.75

large sushi & miso bundles

ITEM	PRICE
salmon full house set a Nagano Valley miso soup with tofu & wakame (worth £2.95). 15 pcs of sashimi grade salmon nigiri, salmon & avo maki & s...	£14.25

ITEM	PRICE
health and happiness set Un délicieux bouillon de miso Nagano Valley accompagné de tofu et wakame, suivi de 13 pièces de sushi. Découvrez notre n...	£14.25
itsu classic set a Nagano Valley miso soup with tofu & wakame (worth £2.95). 15 pcs . sashimi grade atlantic salmon nigiri,large prawn s...	£14.25
veggie sushi collection set Un ensemble de sushi végétarien comprenant 15 pièces: maki aux légumes avec carottes marinées légèrement, haricots verts...	£12.25
medium sushi & miso bundles	
ITEM	PRICE
super salmon light set a Nagano Valley miso soup with tofu & wakame (worth £2.95). 10 pcs of sashimi grade salmon & avo maki, salmon nigiri & s...	£9.95
sushi festival set a Nagano Valley miso soup with tofu & wakame (worth £2.95). 17 pcs of sashimi grade salmon nigiri, salmon baby roll & av...	£11.25
salmon teriyaki on a bed set omega-3 rich poached salmon & protein packed muki beans on seasoned sushi rice [cooked freshly here in itsu] with teriya...	£10.50
chicken teriyaki on a bed set lean grilled British chicken with nutrient rich vegetable salad, sushi rice [cooked freshly here in itsu] and teriyaki s...	£10.50
[hot] rice'bowls	
ITEM	PRICE
klean'katsu rice' bowl Poulet mariné au miso, servi sur du riz brun complet accompagné de légumes verts, nappé de notre sauce curry katsu maiso...	£9.75
chicken teriyaki rice' bowl ([hot] rice'bowls) [miso marinated] chicken, wholegrain brown rice, medley of different greens, veg & fresh herbs, teriyaki sauce	£9.25
veggie meatballs teriyaki rice' bowl Asian-style Meatless Farm® meatballs, wholegrain brown rice, medley of different greens, veg & fresh herbs, ssamjang & t...	£9.25
spicy chicken teriyaki rice' bowl Poulet mariné au miso posé sur du riz brun complet, accompagné d'un assortiment de légumes verts, de légumes variés et d...	£9.50
Thai chicken rice' bowl [miso marinated] chicken, wholegrain brown rice, seasonal greens, herbs, velvety thai'spiced coconut sauce	£9.75
triple chicken teriyaki rice' bowl Poulet mariné au miso servi sur un lit de riz brun, accompagné d'un assortiment coloré de légumes verts, légumes frais e...	£12.50
[hot] udon'bowls	
ITEM	PRICE
chicken gyoza noodle' bowl 4 steamed chicken gyoza, steamed udon, medley of up to 12 different greens, veg & fresh herbs, chicken ramen brilliant'b...	£9.95
chilli chicken gyoza noodle' bowl 4 steamed chicken gyoza, steamed udon, nutritious signature veg mix, vitamin packed fresh greens & ginger, ssamjang chil...	£9.95
veggie'gyoza noodle' bowl 5 steamed veg gyoza, steamed udon, medley of up to 12 different greens, veg & fresh herbs, pumpkin seeds, miso mushroom...	£9.50
Thai stir-fry style udon noodles steamed udon, vitamin packed fresh greens & ginger, velvety Thai'spiced coconut sauce, deliciously crispy shallots...	£8.25
katsu curry stir-fry style udon noodles Nouilles udon vapeur, nappées d'une sauce katsu onctueuse, accompagnées de légumes verts variés, de légumes croquants et...	£8.25

ITEM	PRICE
Korean spicy stir-fry style udon noodles steamed udon, greens & ginger, ssamjang chilli sauce, crispy shallots	£8.25
374 veggie gyoza crystal noodles and greens 5 steamed veg gyoza, crystal noodles, signature veg mix, greens & ginger, pumpkin seeds, veggie miso broth	£8.50
steamed gyoza & bao	
ITEM	PRICE
chicken and spring onion gyoza (steamed gyoza & bao) Raviolis à la vapeur garnis de poulet juteux et d'oignons verts croquants.	£7.50
hoisin duck bao'buns (steamed gyoza & bao) soft steamed buns with aromatic duck, hoisin sauce and veg	£7.50
vegetable fusion gyoza Raviolis asiatiques aux légumes, délicatement cuits à la vapeur.	£6.95
soups & sides	
ITEM	PRICE
miso detox noodle soup 3 steamed veg gyoza, crystal noodles, nagano valley miso soup, magnesium packed wakame, tofu	£4.75
paradise'rice wholegrain brown rice, vitamin packed fresh greens & ginger, teriyaki sauce	£3.95
spicy edamame warm edamame with ssamjang chilli sauce	£3.95
miso soup Nagano Valley miso soup, magnesium packed wakame, tofu	£3.25
chicken crystal noodle miso 3 steamed chicken gyoza, crystal noodles, Nagano Valley miso soup, magnesium packed wakame, tofu	£4.95
edamame Fèves de soya vapeur saupoudrées de sel marin.	£3.75
extra sauce	
ITEM	PRICE
large red soy bottle	£0.20
wasabi sachet false	£0.10
pickled ginger sachet (gf)(df)(ve)	£0.10
teriyaki sauce sachet (df) (v) (ve) false	£0.10
desserts	
ITEM	PRICE
raspberry and white chocolate cheesecake mochi raspberry & white chocolate cheesecake wrapped in a sweet rice dough	£3.45
mango cheesecake mochi mango cheesecake wrapped in a sweet rice dough	£3.45

ITEM	PRICE
chocolate ganache mochi chocolate ganache wrapped in a sweet rice dough	£3.45
drinks	
ITEM	PRICE
lemon and ginger kombucha delicious, bubbly, traditional fermented beverage	£3.50
coca cola ``false``	£1.95
passionfruit kombucha delicious, bubbly, traditional fermented beverage	£3.50
diet coke carbonated soft drink	£1.95
itsu water false	£1.75
itsu sparkling water pure water, naturally zero calorie	£1.75
lemon yuzu zen'water Eau pétillante aromatisée naturellement au citron yuzu, sans calories ni sucre.	£2.49
cucumber mint zen'water zero calorie, zero sugar, naturally flavoured sparkling water	£2.49
peach lychee zen'water zero calorie, zero sugar, naturally flavoured sparkling water	£2.49